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Dr. Antronette (Toni) Yancey
Creator of Instant Recess™

The mission of the Dr. Antronette (Toni) Yancey and Darlene Edgley Fellowship for Health Promotion, Physical Fitness and Community Health Education is to develop leaders of color who are committed to fighting obesity in underserved populations through community-based participatory research, intervention and prevention using physical activity and other health promotion strategies. Created by Ms. Darlene Edgley, the Dr. Antronette (Toni) Yancey and Darlene Edgley Fellowship continues the work pioneered by the late Dr. Antronette (Toni) Yancey, MD, MPH. Dr. Yancey's concern with the dangers of America's sedentary lifestyle and its relationship to issues of obesity and related chronic diseases inspired the concept of Instant Recess®, a public health model which promotes a healthier lifestyle by utilizing small bouts of physical activity.

Our **goals** include increasing the number of:

- ✓ Students of color completing their DrPH degree.
- ✓ Professionals and practitioners working in underserved communities.
- ✓ People using physical activity as a strategy to fight obesity.
- ✓ Community-based participatory prevention research in underserved populations using physical activity and other health promotion strategies to lower obesity rates.

Fellowship and Financial Awards

Our approach includes providing support for students, professionals and junior faculty through the following:

DrPH Dissertation Award

Application Deadline: November 28, 2016

For public health doctoral (DrPH) students from historically underrepresented racial/ethnic groups in the dissertation phase of their doctoral program whose research interest focuses on (1) issues of obesity and related chronic disease prevention addressed through physical activity (e.g. Instant Recess®); (2) working with underserved communities and minority populations in the U.S.; and (3) using community-based participatory research.

Award amount: \$10,000

Conference Assistance Award Application Deadline: Ongoing

For students, professionals and junior faculty from historically underrepresented racial/ethnic groups seeking to (1) present at health conferences; (2) promote physical activity as a strategy to address issues of obesity and related chronic diseases among underserved communities and minority populations, and (3) study minority populations within the U.S. **Award amount: \$750**

Postdoctoral Fellowship Award

Application Deadline: January 16, 2017

For postdoctoral (DrPH) fellows from historically underrepresented racial and/or ethnic groups who have been awarded a doctoral degree in public health (DrPH) no earlier than June 1, 2014 and no later than November 10, 2017 and are continuing their research in the Fellowship's focus areas with an emphasis on using community-based participatory research methodologies. **Award amount: \$20,000**

For detailed, program eligibility criteria, visit: www.yanceyfellowship.org

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