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Budget Impact Analysis of TPMT and NUDT15 Pharmacogenomic Testing for 6-Mercaptopurine in Pediatric Acute Lymphocytic Leukemia Patients

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INTRODUCTION

- Pharmacogenomic (PGx) testing identifies genetic variations affecting drug metabolism, which is crucial for optimizing dosing and minimizing adverse effects¹
- 6-mercaptopurine (6-MP) is a core backbone in the treatment of acute lymphocytic leukemia (ALL)¹
- TPMT and NUDT15 genetic variations can significantly impact 6-MP metabolism, influencing treatment safety^{2,3}
- Overseas studies reveal higher healthcare costs for patients without PGx-guided therapy⁴
- Comprehensive economic evaluations for pediatric ALL in the United States are lacking^{4,5}

OBJECTIVES

Estimate the budget impact of preemptive PGx testing of *TPMT* and *NUDT15* in pediatric ALL from an institutional payor perspective

METHODS

Literature search utilizing the PubMed and Cochrane databases to identify papers published between January 1, 2000 and August 1, 2023. Relevant articles discussed:

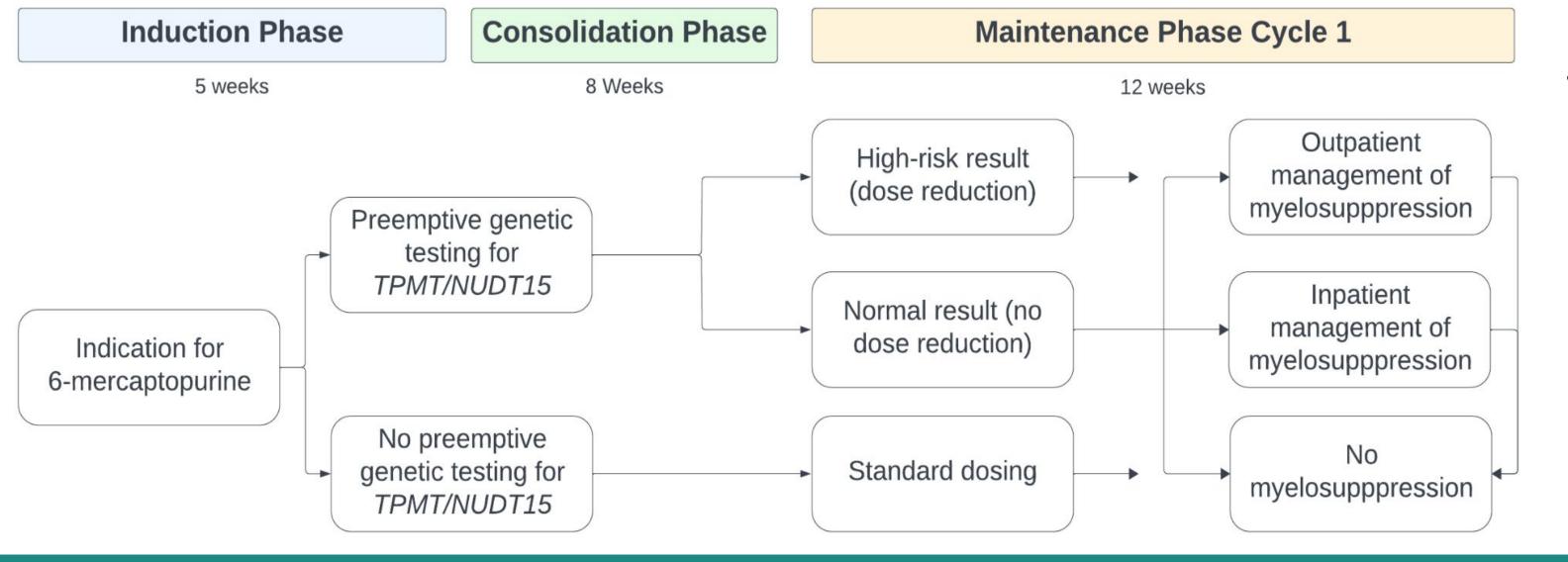
- 6-mercaptopurine administration
- Pediatric ALL (children aged 0-18 years old)
- TPMT or NUDT15 genetic testing
- Outcomes of cost-effectiveness

Construction of hypothetical model population of 1000 pediatric patients with ALL using epidemiology data and CPIC biogeographical data of *TPMT* and *NUDT15* genotype frequencies. 6,7

Building of Markov model to simulate the process for initiation of 6-MP in maintenance phase of ALL chemotherapy regimen dosing based on preemptive PGx testing or no testing and degree of myelosuppression.8

RESULTS

Figure 1. Markov model decision tree. High risk results refer to TPMT and/or NUDT15 intermediate, possible intermediate, and poor metabolizers. Normal result refers to TPMT and/or NUDT15 normal metabolizers. The model from "High-risk result" and "Standard dosing" proceeds the same way as "normal result".



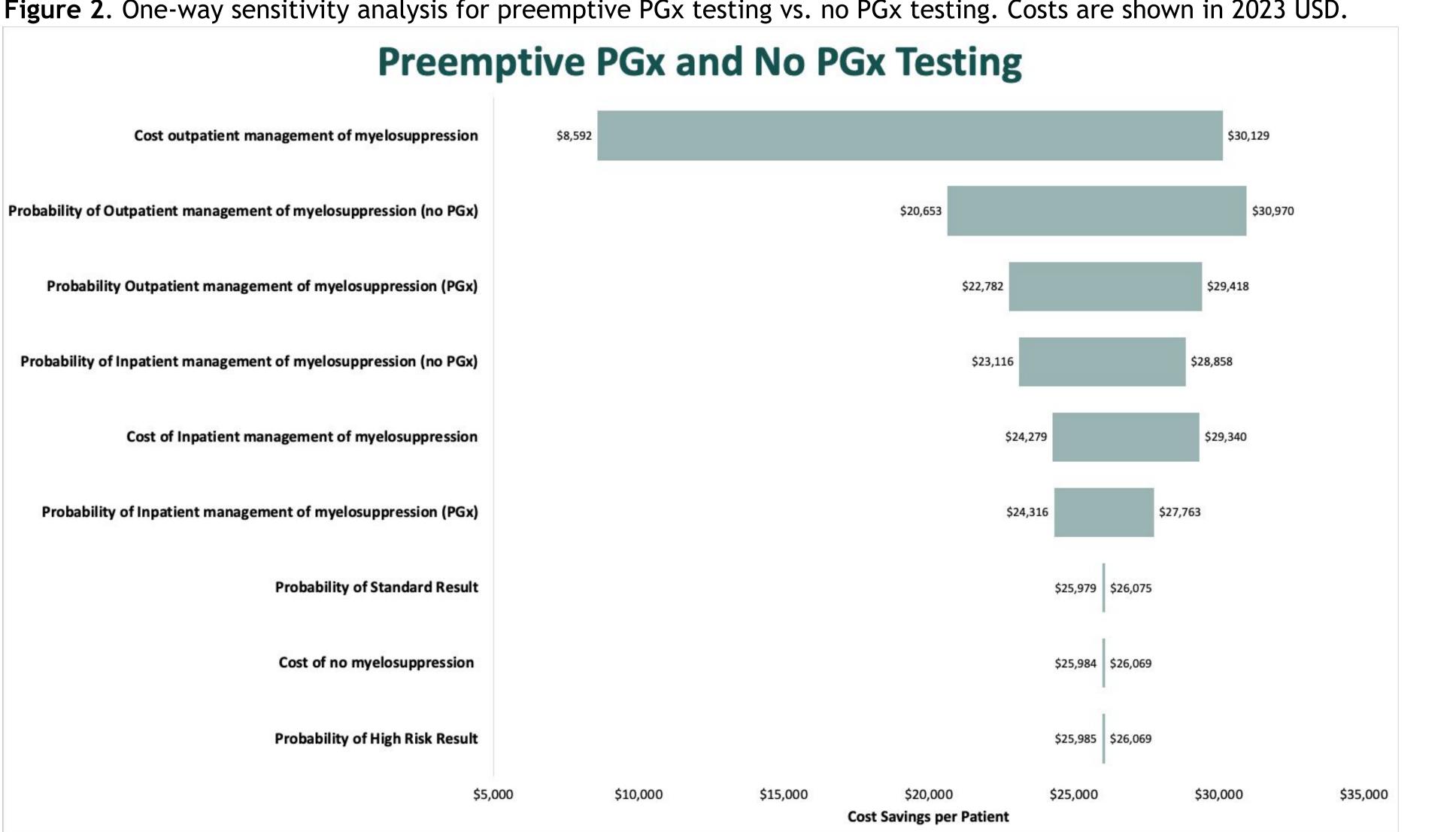
In a hypothetical cohort of 1000 Black, Asian/Pacific Islander, White, and "Other" pediatric patients with ALL, a total of 157 patients were expected to have a TPMT or NUDT15 high-risk result (e.g. intermediate or poor metabolizer):^{6,7}

- TPMT PMs: 3
- TPMT IMs: 93
- Possible TPMT IMs: 4
- NUDT15 PM: 1
- NUDT15 IMs: 55
- Possible NUDT15 IMs: 4

Total cost savings of \$26,026 per patient

for inpatient and outpatient management of myelosuppression

Figure 2. One-way sensitivity analysis for preemptive PGx testing vs. no PGx testing. Costs are shown in 2023 USD.



DISCUSSION

- Pre-emptive PGx testing yields cost-savings by reducing moderate and severe myelosuppression episodes
- Cost-savings primarily influenced by the cost of outpatient management of moderate myelosuppression Results align with similar studies conducted in Europe and the U.S.⁴
- Actual PGx test results had a marginal impact on cost-savings
- Integration into routine clinical practice can be challenging due to resource constraints, time limitations, and knowledge level of healthcare providers^{9,10}
- Lack of evidence of clinical benefits and cost-effectiveness can lead to inadequate reimbursement from payers and a decrease in patient accessibility¹¹

CONCLUSION

- Preemptive PGx testing for TPMT and NUDT15 results in significant cost-savings for pediatric ALL
- Educating healthcare providers and patients on PGx testing and the rationale behind dose adjustments is crucial for the management of adverse drug reactions
- Further studies should evaluate logistics of implementing routine preemptive PGx testing in clinical management

LIMITATIONS

- Assumed a time horizon of just 16 weeks
- Total cost of treatment for maintenance will be much more than estimated
- Assumed only one episode of myelosuppression would occur
- Severe myelosuppression accompanied by febrile neutropenia is extremely rare
- Medications involved in the course of therapy are dosed based on BSA

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